

Goel Mentor Program

Mentor Quick Fact Sheet

Thank you for your interest in the Mommy's Haven Goel Mentor Program. Please look at this overview as a snapshot of expectations and commitments of being a Goel!

The Mommy's Haven Goel Mentor Program seeks to transform mothers' lives in order to develop interdependent moms, who realize their true identity, through goal setting, education and personal growth. The mentoring program uses adult female volunteers to commit to supporting, guiding and disciplining a mom in need in Northwest Indiana for a period of time determined based on need. By becoming part of this network and actively working to be the hands and feet of Jesus for moms in the community, the mentor can help disciple moms to reach spiritual, physical, career and personal goals. "Goel" is the Hebrew word for "redeemer";

"The critical difference between what a goel does and how we normally help people is the level of ownership. It is relatively easy to tell people where they can get help, but a goel owns the problem." - A Loving Life, Paul E. Miller

This idea of being a "goel" is not an invitation for you to take the steering wheel and do everything for the mentee, but to put the keys in her hand and show her she is capable of solving the issues in her life. Your role is to walk alongside, share in her burdens (most importantly in prayer), and empower your mentee to grow. You just may be the first person in her life to show and follow through on a commitment to her and also her issues; this is what being a goel looks like.

Mentor Quick Facts

- Be a female, at least 21 years of age
- Reside in the Northwest Indiana area
- Commit to meeting regularly with assigned mentee, as deemed necessary by mentor and mentee mutually
- Attend twice monthly Peer Supervision Group meetings with Program Coordinator and other mentors, to serve as ongoing support and advice
- Understand that rescheduling a meeting with the mentee should be avoided at all times and only practiced in the case of an emergency
- Complete the screening procedure
- Agree to the Statement of Faith
- Attend and complete mentor trainings as required and set forth in our training policy
- Communicate regularly with the Program Coordinator and answer questions on evaluation sheet for Peer Supervision Group
- Provide own transportation for supervision group and mentee meetings
- Have a clean criminal history and be able to pass a background check at the expense of Mommy's Haven
- Have never been accused, arrested, charged, or convicted of any crime deeming them as a sexual offender
- Not be a convicted felon. If the applicant has been convicted of a felony, they may be considered only after a period of seven years with demonstrated good behavior and an appropriate and corrective attitude regarding past behaviors.
- Not be a user of illicit drugs
- Not be currently in treatment for substance abuse

- Not have falsified information during the course of the screening process
- The length of the relationship will be decided and agreed upon by both mentor and mentee, based on specific mentee needs (along with consultation of Program Coordinator)

Mentor Role

- Take the lead in supporting a mom through an ongoing, one-on-one relationship
- Serve as a positive role model and leader
- Hold a position of leadership and maintain boundaries for the health of the relationship, rather than just being a friend
- Empower another person by sharing your experiences and wisdom when applicable, keeping the main focus hearing/listening to the mentee; intentional meetings, not just “story sharing”
- Listen, encourage and support your mentee in the problem-solving process for her challenges
- Build self-esteem and self-motivation
- Create and set goals and work toward accomplishing them and holding the mentee accountable

Desirable Qualities

- Willing listener, encouraging and supportive, patient
- Filled with faith in the Lord Jesus Christ and God’s promises
- Committed, dependable, trustworthy while remaining flexible
- Non-judgmental, tolerant and respectful of individual differences

Who Will I Be Helping?

- Moms in need in Northwest Indiana area who demonstrate a desire and need to participate in the program, are willing to abide by all policies and procedures, commitments, and complete the screening procedure.
- Referrals will come from pregnancy centers, prenatal assistance program, churches, etc.

Mentors & Mentees Will Be Matched

Matches/suitability will be determined based on the following, with the first being priority:

- Preferences and needs of the mentee
- Similar background/history and past life experiences
- Common interests, similar personalities
- Geographic proximity

I’m In! What’s Next? - The following items will be sent/given to you

- Read the Statement of Faith and verify that your beliefs and values align
- Fill out a mentor application & submit to Mommy’s Haven via email or mail
- Inquiry Coordinator will review applications, contact character references, and contact possible mentors for interviews

You have what it takes to be a great mentor! Mentoring means to “empower another person by sharing your experiences and resources.” When you intentionally share, with transparency and authenticity, what you have learned with others, they will grow in multiple areas of their life. As a mentor, you have the opportunity to help others not just survive, but thrive. God wants to use you and your experiences to change lives through mentoring!

Mommy's Haven Statement of Faith

This statement of faith is our belief in Jesus Christ, our Lord:

God - We believe in one God, creator of all things, holy, perfect and eternally existing in one divine being - Father, Son and Holy Spirit. *Genesis 1:1; Matthew 28:19; 1 Corinthians 8:6; John 4:24*

The Bible - We believe that God has spoken in the scriptures, both Old and New Testament, as the inspired Word of God. The Bible is accurate and free of error in the original writings, they are sovereignly preserved and are of supreme and final authority in faith and life. *Jeremiah 30:2; 2 Timothy 3:16-17; 2 Peter 1:21*

Jesus Christ - We believe that Jesus Christ was conceived through the Holy Spirit, born of the Virgin Mary and is true God and was a true man. He lived a sinless life, died on the cross for our sins, arose from the dead and sits in heaven to the right of God. *Isaiah 7:14; Matthew 1:18-23; Colossians 2:9; 1 Peter 1:18-19; Acts 13:38; Galatians 2:16; Ephesians 2:8-9; Hebrews 9:12; Luke 24:1-43; Acts 2:32*

Holy Spirit - We believe that the Holy Spirit reveals to us our sins and lives within every believer to guide, equip and empower us in our Christ-like living and service. *John 16:8-13; Acts 1:8; 1 Corinthians 3:16; John 14:16-17*

Man - We believe that man was created in the image of God. That man sinned and died, both a physical death and a spiritual death, which is separation from God. All human beings are born with a sinful nature and are sinners in thought, word and deed and are lost without Christ. *Genesis 1:27; Romans 5:12; 1 Corinthians 15:22*

Salvation - We believe that the Lord Jesus Christ has died for our sins, that He was buried and raised from the dead, according to the scriptures, as a picture of God's love for us. All who believe in Him are saved through His shed blood. *1 Corinthians 15:3-4; John 10:28; Ephesians 2:8-9; Titus 3:5; Romans 10:9-10*

Satan - We believe that Satan, a fallen angel, fell from God's presence because he attempted to make himself as God. We believe that Satan was defeated by Christ at the cross and ultimately will be cast into the eternal lake of fire (hell). *Isaiah 14:12-17; Revelations 20:10*

Christ's Return - We believe that Christ will return to earth at a time, known only to God, to take His believers home to His kingdom in heaven. *John 14:3; 1 Thessalonians 4:14-17; Zechariah 14:7*

Eternal Destiny, Heaven & Hell - We believe that we will stand before God to be judged and that He will assign the unbeliever to everlasting punishment (hell) and the believer to everlasting life with Him in heaven. *John 5:28-29; Revelations 20:4-15 & 21:1-8*

The Church - We believe that the church is made up of believers whose purpose is to glorify God through worship, fellowship, instruction in God's word, and discipleship. We believe baptism and communion are ordinances, ordered by Jesus Christ to do, to be practiced by the church. *Acts 2:41-46; 1 Corinthians 11:23-29*

Missions - We believe the mission of the saved is to tell the world about Jesus Christ and make disciples among all the people. *2 Corinthians 5:20; Acts 1:8; Matthew 28:19*

Christian Living - We believe all believers are to be Christ-like in their daily living. *Ephesians 2:10; Colossians 3:17*